

JANUARY 2018



Rice High School Lunch

SERVED DAILY
 SEASONAL- FRESH WHOLE FRUIT
 1% WHITE OR FAT FREE FLAVORED MILK
 ROMAINE GARDEN SALAD
 BUTTERMILK RANCH DRESSING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <u>CHICKEN FRIED STEAK</u> <u>COUNTRY BOWL</u> Mashed Potatoes Steamed Corn Roll/Crème Gravy Strawberry Shortcake	2 <u>SPAGHETTI MEATBALLS</u> <u>CHICKEN & BROCCOLI w/ PASTA</u> Glazed Carrots 100% Fruit Slush Cup Garlic Breadstick	3 <u>GRILLED CHEESE</u> <u>CHILI DOG</u> Baked Chips Baked Beans	4 <u>BEEFY NACHOS</u> <u>CHICKEN GUISADA</u> Spanish Rice Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Sour Cream	5 <u>CARVED ROASTED PORK</u> <u>CHICKEN RANCH WRAP</u> Roasted Potatoes Green Beans Rolls
8 <u>CHICKEN SPAGHETTI</u> <u>SWEDISH MEATBALL</u> Scalloped Potatoes Green Peas Rolls Peach Crisp	9 <u>CHICKEN FRIED RICE</u> <u>CHICKEN LO MEIN</u> Oriental Blend Vegetables Glazed Carrots 100% Fruit Slush Cup Fortune Cookie/Rolls	10 <u>CHICKEN NUGGETS</u> <u>CHEESEBURGER CASSEROLE</u> Mac N Cheese Steamed Broccoli Rolls	11 <u>FIESTA PASTA</u> <u>BURRITOS W/Queso</u> Spanish Rice Charro Beans Lettuce & Tomato Salad 100% Fruit Slush Cup	12 <u>PULLED PORK SANDWICH</u> <u>HAM & CHEESE WRAP</u> Sweet Potato Fries Burger Salad
15 <u>CHICKEN FRIED CHICKEN</u> w/ Crème Gravy <u>MEATLOAF w/ Tomato Sauce</u> Roasted Potatoes Southern Turnip Greens Cornbread Apple Crisp	16 <u>ASIAN ORANGE CHICKEN</u> <u>CHICKEN STIR FRY</u> Fried Rice Oriental Blend Vegetables Glazed Carrots 100% Fruit Slush Cup WG Roll/ Fortune Cookie	17 <u>BBQ MEATBALLS</u> <u>MINI CORN DOGS</u> Mashed Potatoes Green Beans WG ROLL	18 <u>CHICKEN NACHOS</u> <u>BEEF TACO PIE</u> Spanish Rice/ Refried Beans Lettuce & Tomato Salad 100% Fruit Slush Cup Banana/ Oranges Jalapeno /Salsa Sour Cream	19 <u>SWEET N SPICY CHICKEN WRAP</u> <u>TEXAS CHILI MAC</u> Sweet Potato Fries Seasoned Corn Roll
22 <u>CHICKEN TENDERS</u> <u>STEAK FINGERS</u> Ranch Mashed Potatoes Peas & Carrots Chocolate Chip Cookie Rolls/Crème Gravy	23 <u>LASAGNA</u> <u>CAJUN CHICKEN & SAUSAGE</u> <u>ALFREDEAUX</u> Garlic Breadstick Italian Blend Vegetables 100% Fruit Slush Cup	25 <u>RED BEANS, SAUSAGE CASSEROLE</u> <u>Crispy BAKED CORN DOG</u> Seasoned Rice Cajun Green Beans Rolls	26 <u>TWIN CRISPY TACOS (2)</u> <u>SOFT CHICKEN TACO (2)</u> Seasoned Black Beans Spanish Rice Lettuce & Tomato Salad 100% Fruit Slush Cup	27 <u>KING RANCH CASSEROLE</u> <u>CRISPY POPCORN CHICKEN</u> Sweet Potato Fries Seasoned Corn Rolls
29 <u>SALISBURY STEAK</u> <u>ROASTED RANCH CHICKEN</u> Mashed Potatoes Green Beans Rolls/ Brown Gravy Peach pie	30 <u>SWEET & SOUR CHICKEN</u> <u>TERIYAKI CHICKEN</u> Steamed Rice Stir-Fry Vegetables Cucumber Chips Rolls 100% Fruit Slush Cup	31 <u>CHILI CHEESE FRIES</u> <u>FRITO PIE</u> Carrot Sticks Broccoli Normandy Rolls		

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRIMO'S PIZZA & SALADS	PIZZA (PEPPERONI, CHEESE, HAMBURGER) MANDARIN CHICKEN SALAD	PERSONAL PIZZA CHICKEN BACON RANCH SALAD	PIZZA PEPPERONI/CHEESE /SPICY PEPPERONI) CHEESY CHEF SALAD	PERSONAL PIZZA CHIPOTLE CHICKEN SALAD	PIZZA (PEPPERONI/CHEESE/ SUPREME) HAM CHEF SALAD
SPECIALTY	BAKED POTATO BAR CHOPPED BEEF / CHICKEN FAJITA GREEN (CHIVES) ONIONS, BACON BITS/BUTTER PAT SHREDDED CHEESE STEAMED BROCCOLI WG ROLL	TACO TUESDAY GROUND BEEF/CHICKEN FAJITA CHICKEN TORTILLAS/TACO SHELLS/TORTILLA CHIPS SPANISH RICE/ CHARRO BEANS CHEESE SAUCE LETTUCE W/ DICED TOMATOES SALSA / JALAPEÑO / SOUR CREAM SHREDDED CHEESE	BREAKFAST BAR SAUSAGE/HAM/PAN SAUSAGE SCRAMBLED EGGS HASH BROWN POTATOES SAUTÉED SPINACH AND TOMATOES 2WAFFLES/ 2PANCAKES/2 CEREAL SYRUP/SALSA	ASIAN BAR GRILLED CHICKEN GRILLED BEEF ZESTY ORANGE SAUCE SWEET & SOUR SAUCE TERIYAKI SAUCE STEAMED RICE/NOODLES ASIAN STIR-FRY EGG ROLL/FORTUNE COOKIE	PASTA BAR SPAGHETTI W/MEAT SAUCE CHICKEN ALFREDO PASTA SPECIAL (COOKED ON FOOD LINE GREEN BEANS BREADSTICKS
CHICKEN EXPRESS	HOT AND SPICY CHICKEN SAND, KRISPY CHICKEN SANDWICH CHICKEN TENDERS W/ ROLL CHICKEN CHUNK BITES W/ROLL SEASONED FRIES	HOT AND SPICY CHICKEN SAND, KRISPY CHICKEN SANDWICH CHICKEN TENDERS W/ROLL CHICKEN CHUNK BITES W/ROLL FRENCH FRIES	HOT AND SPICY CHICKEN SAND, KRISPY CHICKEN SANDWICH CHICKEN TENDERS W/ROLL CHICKEN CHUNK BITES W/ROLL TATOR TOTS	HOT AND SPICY CHICKEN SAND, KRISPY CHICKEN SANDWICH CHICKEN TENDERS W/ROLL CHICKEN CHUNK BITES W/ROLL FRENCH FRIES	HOT AND SPICY CHICKEN SAND, KRISPY CHICKEN SAND CHICKEN TENDERS W/ROLL SWEET POTATO FRIES
OFF THE GRILL	CHICKEN PHILLY SANDWICH HAMBURGER BURGER SALAD SEASONED FRIES	HOT DOG HAMBURGER BURGER SALAD SUN CHIPS	JALAPEÑO POPPER CHICKEN SANDWICH HAMBURGER BURGER SALAD TATOR TOTS	CHILI DOG HAMBURGER BURGER SALAD SUN CHIPS	BACON CHEESEBURGER HAMBURGER BURGER SALAD SWEET POTATOES FRIES
SANDWICH SHOPPE	SLICED TURKEY/ SLICED HAM CHICKEN FAJITA CHICKEN SALAD AMERICAN CHEESE/ PEPPER JACK HOAGIE /SLICED BREAD/ FLAT BREAD BAKED CHIPS	CHICKEN SALAD/SLICED TURKEY CHICKEN FAJITA TUNA SALAD AMERICAN CHEESE/ PEPPER JACK HOAGIE /SLICED BREAD/ FLAT BREAD POTATO SALAD	SLICED TURKEY/ SLICED HAM CHICKEN FAJITA CHICKEN SALAD AMERICAN CHEESE/ PEPPER JACK HOAGIE /SLICED BREAD/ FLAT BREAD BAKED CHIPS	CHICKENS SALAD/ SLICED HAM CHICKEN FAJITA TUNA SALAD AMERICAN CHEESE/ PEPPER JACK HOAGIE /SLICED BREAD/ FLAT BREAD POTATO SALAD	SLICED TURKEY/SLICED HAM CHICKEN FAJITA CHICKEN SALAD AMERICAN CHEESE/ PEPPER JACK HOAGIE /SLICED BREAD/ FLAT BREAD BAKED CHIPS