

JANUARY 2018

Head Start & Pre-K Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<p><u>COUNTRY BOWL (CHICKEN BITES)</u></p> <p>Mashed Potatoes Steamed Corn Roll/Crème Gravy Chilled Fruit 1% White Milk</p>	<p><u>SPAGHETTI</u></p> <p>Glazed Carrots 100% Fruit Slush Cup Garlic Breadstick Chilled Fruit 1% White Milk</p>	<p><u>PIZZA</u> (Pepperoni/Cheese)</p> <p>Cajun Green Beans Chilled Fruit 1% White Milk</p>	<p><u>BEEFY NACHOS</u></p> <p>Refried Beans 100% Fruit Slush Cup 1% White Milk</p>	<p><u>CHICKEN STRIP SANDWICH</u></p> <p>Baked Chips Baked Beans Chilled Fruit 1% White Milk</p>
8	9	10	11	12
<p><u>SALISBURY STEAK</u></p> <p>Mashed Potatoes Green Beans Rolls/ Brown Gravy Chilled Fruit 1% White Milk</p>	<p><u>SWEET & SOUR CHICKEN</u></p> <p>Steamed Rice Stir-Fry Vegetables 100% Fruit Slush Cup 1% White Milk</p>	<p><u>PERSONAL PIZZA</u></p> <p>Mixed Vegetables Chilled Fruit 1% White Milk</p>	<p><u>BEEF QUESADILLA</u></p> <p>Street Corn Charro Beans 100% Fruit Slush Cup Chilled Fruit 1% White Milk</p>	<p><u>FRITO PIE</u></p> <p>Carrot Sticks Chilled Fruit 1% White Milk</p>
15	16	17	18	19
<p><u>CHICKEN NUGGETS w/ Crème Gravy</u></p> <p>Mashed Potatoes Broccoli Cornbread</p>	<p><u>ASIAN ORANGE CHICKEN</u></p> <p>Fried Rice Oriental Blend Vegetables 100% Fruit Slush Cup Chilled Fruit 1% White Milk</p>	<p><u>PIZZA (Home-style)</u> (Cheese/ Pepperoni)</p> <p>Seasoned Corn Chilled Fruit 1% White Milk</p>	<p><u>CHICKEN ENCHILADA CASSEROLE</u></p> <p>Refried Beans 100% Fruit Slush 1% White Milk</p>	<p><u>TEXAS CHILI MAC</u></p> <p>Sweet Potato Fries Chilled Fruit 1% White Milk</p>
22	23	25	26	27
<p><u>STEAK FINGERS</u></p> <p>Ranch Mashed Potatoes Peas & Carrots Rolls/Crème Gravy</p>	<p><u>CAJUN CHICKEN & SAUSAGE ALFREDEAUX</u></p> <p>Garlic Breadstick Italian Blend Vegetables 100% Fruit Slush Cup</p>	<p><u>PIZZA</u> (Pepperoni/Cheese)</p> <p>Seasoned Corn Chilled Fruit 1% White Milk</p>	<p><u>SOFT CHICKEN TACO</u></p> <p>Seasoned Black Beans Spanish Rice 100% Fruit Slush Cup 1% White Milk</p>	<p><u>CRISPY CORN DOG</u></p> <p>Mac N Cheese Green Beans Chilled Fruit 1% White Milk</p>
29	30	31		
<p><u>CHEESEBURGER MAC</u></p> <p>Green Peas Steamed Carrots Rolls Chilled Fruit 1% White Milk</p>	<p><u>TERIYAKI CHICKEN</u></p> <p>Steamed Rice Oriental Blend Vegetables 100% Fruit Slush Cup 1% White Milk</p>	<p><u>PIZZA</u> (Pepperoni/Cheese)</p> <p>Steamed Corn Chilled Fruit 1% White Milk</p>		